

**YOUR STORY.
TO BE CONTINUED.**



Helping residents add to their life stories since 1979.
That's our story. Turn the page to learn more.

AmericanHouse.com

**American
House**  TM
SENIOR LIVING COMMUNITIES



Welcome

STORIES THAT INSPIRE ... COME FROM WITHIN.

We all have a story. A story that defined us. Changed us. Taught us something. At American House, our residents have an abundance of stories ... that hold a wealth of wisdom.

Welcome to American House ... where our own story is inspired by our residents. It began in 1979 when our founder pioneered the concept of senior living that's really living with purpose, dignity and independence.

We are committed to enriching the lives of those we serve through the experience of a friendly, comfortable lifestyle within a warm and welcoming environment. We know the importance of fostering meaningful relationships. We respect our residents and their independence.

We offer private and maintenance-free apartments, a caring and devoted staff and amenities and services to enhance your lifestyle. Enjoy culinary-inspired, chef-prepared meals and choose a

robust calendar of activities and events—with transportation to get you there safely.

Join our American House community. A home where new experiences happen daily and new friends are ready to be made. Your next chapter is waiting to be written. We're here to help you write it. Your way.

**We invite you to experience
why so many seniors call
American House home.**

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Your story, made easy. Amenities, services and affordability.*

Our communities are designed with all the comforts you would expect to find in your home. Choose from a variety of affordable floor plan options, studio, one- or two-bedroom units—all designed to maximize space and create comfortable surroundings. You're certain to find an apartment that's right for you and amenities to minimize work.

A glimpse of the property amenities our communities have to offer:

- Private and affordable, maintenance-free apartments in a variety of floor plans
- Cozy common areas for family gatherings and events
- Neatly landscaped grounds, walking paths and community gardens

- Heated pools, lanai, putting greens, bocce ball and shuffleboard courts
- Game rooms and billiard's
- Movie theater, library and fitness center
- Spa, salon and barber service

Our convenient resident services:

- Restaurant-style dining, chef-prepared meals
- Housekeeping and laundry services
- Robust calendar of social, cultural and recreational events
- Spiritual services
- Health and wellness programs
- Personal and regularly scheduled transportation
- Pet friendly

** Amenities and services vary in our American House communities. Please visit our website to learn about each community's offerings.*



EVERY DAY
ADDS A NEW PAGE ...
OR INTRODUCES A
NEW CHARACTER.



Dale Watchowski, with mother-in-law and American House Coconut Point resident, Patricia W.

THE STORIES OF A LIFETIME.

One of my greatest pleasures is visiting our communities. Getting to know the residents, caregivers and families. Sharing a laugh, sometimes a tear and hearing the stories of a lifetime. Each of our residents has a story, of amazing experiences and adventures that shaped our nation's history and inventions that changed our everyday lives. Everyone has a story to tell and I'm privileged to hear these stories. It's an honor for me and American House to be part of your next chapter.

Dale L. Watchowski, CEO of American House

Your story, enriched. What would you like to do today?

When you stop by an American House, you'll feel the warm, welcoming atmosphere the minute you arrive. The gentle buzz of people chatting and laughing. The lobby filling with a hub of activity—residents getting ready for an event or a shopping trip, card party and charity work.

If it's late afternoon, you might see a crowd gathering for our legendary happy hour or quiet time in the library with a good book. But what you'll usually see are people who enjoy each other, both residents and staff alike.

Staying active, making social connections, new friends—all necessary to live a good life. American House has a Life Enrichment Program that truly enriches. Every day adds a new page with a robust calendar of social, cultural and recreational events. And when you need to get out and about, you'll appreciate our transportation services. Now, we ask the question: "What would you like to do today?"

*Life Enrichment Program offerings:**

- Watch a movie in our theater
- Attend a Senior Prom
- Plant a garden
- Join an exercise class or workout in our fitness center
- Play bingo, cards or chess
- Happy hour with friends
- Enjoy a cooking demonstration
- Go shopping—we'll drive
- Attend special events
- Enjoy outings to nearby attractions
- Volunteer in your new neighborhood



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**GREAT MEALS ARE
LIKE GREAT STORIES.
BEST WHEN SHARED
WITH FRIENDS.**

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At American House,
we believe food should be
fun, enjoyable, adventurous ...
which is why our Chef created
specialty theme dinners.

Nothing like dining with friends—telling stories, trading jokes or just good conversation. Explore trying a new dish, or savoring an old favorite prepared by our Chef and culinary team. Great meals are like great stories—best when shared with friends—and our culinary team strives to make your dining experience memorable.

At American House, you'll love our maintenance-free lifestyle and enjoy fresh, locally sourced ingredients in our chef-prepared meals. You may never have to make another dish or eat alone again, unless you choose to!

What's for dinner at American House?

- Restaurant-style dining
- Locally sourced ingredients
- Chef-prepared meals
- Our celebrated happy hour gatherings
- BBQ events and ice cream socials
- Themed events: holidays and special occasions
- Cultural celebration dinners and chef demonstrations
- Accommodations for physician-ordered dietary restrictions



Our communities are thoughtfully designed to provide all the comforts of home. We offer a variety of lifestyle and care options tailored to meet your needs and enhance your well-being.

Independent Living*

In Independent Living, our private apartments are designed around you. Here, you'll enjoy a maintenance-free lifestyle filled with rich friendships, engaging activities, convenient amenities and services such as culinary-inspired, chef-prepared meals, weekly housekeeping and transportation.

Assisted Living*

In our vibrant community, your days will be filled with activities and friends. For those times when you need a helping hand, we're here for what you need. Live comfortably in your private apartment and enjoy added assistance with meals, laundry, medication reminders, physical therapy, the activities of daily living and more.

Living Well Memory Care*

With our personalized Living Well program, we create a care plan just for you. You will be our focus and you will continue your story in a supportive environment where your health and happiness matter. With the right combination of social interaction, nutritious foods, stimulating programming and activities that get your body moving, you'll enjoy living your best life.

Respite Care*

Our Respite Care program offers seniors peace of mind and the healing comforts of home. Short- or long-term stays are invaluable following a surgical procedure, after an unexpected life event or when caregivers are away.

Hospice Care*

American House partners with hospice care providers, offering understanding and meaningful support to both your loved one and your family. Palliative services, also through hospice, can offer a customized plan to maintain the comfortable surroundings to which our residents are accustomed.

* Available at select communities. Visit our website for more information.

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